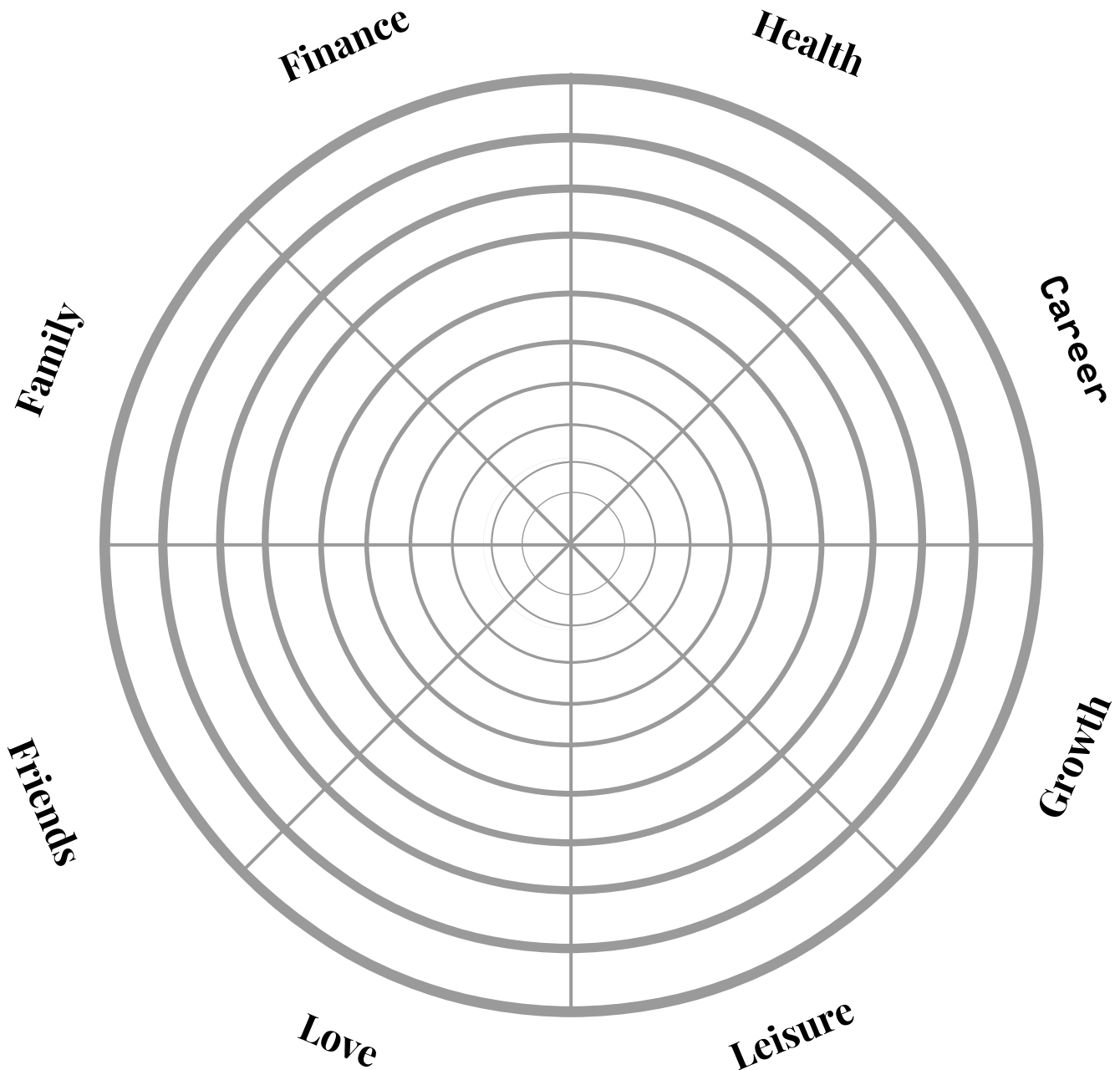


Quarterly WHEEL OF LIFE

Ask yourself and answer honestly. On a scale from 1-10 (with 10 being the ideal),
how satisfied am I with this area of my life today?

The inner circle is 1 and the outer circle is 10.

Repeat this activity at the start of each quarter.



Month:

Year:

